

## Calendar of Events

### August

Thursday, 3<sup>rd</sup> Communion, Hobbies Room 11.30am

### September

Thursday, 7<sup>th</sup> Communion, Hobbies Room 11.30am

Thursday, 7<sup>th</sup>, Thursday 14<sup>th</sup>, Thursday 21<sup>st</sup> Teddington800. Traherne Poetry Group. St Mary Church

Sunday, 10<sup>th</sup> Farmers Market, Turing School. 10.00am

Thursday, 28<sup>th</sup> Board Meeting, 10.30am

Thursday, 28<sup>th</sup>. Fullerton Court Ltd AGM & Owners Meeting. 2.30pm

### October

Tuesday, 10<sup>th</sup>. Teddington800. Science & Religion Lecture, NPL

Saturday, 14<sup>th</sup> Teddington800. Thomas Traherne Seminar Day

### Weekly Events

**Monday evening: *Film Night***

**Wednesday afternoon: *'Use it or Lose it'* exercises**

**Friday evening: *Residents Choice: music***



### GREAT TRUTHS ABOUT GROWING OLD

1. Growing old is mandatory; growing up is optional.
2. Forget the health food. I need all the preservatives I can get.
3. When you fall down, you wonder what else you can do while you're down there.
4. Time may be a great healer, but it's a lousy beautician.
5. Wisdom comes with age, but sometimes age comes alone.
6. It's frustrating when you know all the answers but nobody bothers to ask you the questions
7. You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.

**John Bourne**

Thank you for your contributions. Please send your stories, comments, thoughts, ideas, wants, etc. to

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# RESIDENTS VOICE

## FULLERTON COURT

AUGUST 2017

28



**The garden's new gazebo**

## THE CHAIRMAN REPORTS

**John Blackwell**

**Udney Park Playing Fields,** It is understood, and widely expected, that a Planning Application will be made by *Quantum Group*, early in August, for the proposed development of the Playing Fields. I assume there will be some delay before we receive Official Notification. You will have noticed, there has already been a considerable increase in activity by the Friends of Udney Park Playing Field, (FUPPF) which I am pleased to say is aimed at proposing a 'Vision' for the alternative future of the entire Playing Field. This has been well received, and could well lead to a proposal that a Trust be set up to manage this precious area in Teddington Village. Please accept my assurance; you will be kept informed and advised on what action has been taken and that you can take.

**Gardening Committee:** The Gardening Committee would like to express their thanks to Paul for the way that he has diligently worked to clear, and in some cases, wash down the Parking Spaces, Paved Paths and Seating Areas

The Roses, Hydrangeas and now the Hibiscus, have provided, and still are providing, colour and enjoyment to Owners and Visitors who have often provided complimentary comments. There is still plenty to be done, if you would like to be involved.

A Gazebo has been erected in the South East corner, facing the Playing Field and for now, is a nice quiet place to sit. The area needs to be tidied up and some overhanging branches cut back.



**Fox Ecrement/Poo:** This has become, not just unsightly, particularly on footpaths, but a Danger and a Health Hazard. We do try and block fence entry points. Will you please ensure that even the smallest portions of food are wrapped and appropriately disposed of, and that food is not intentionally left out.

**Fullerton Walkers:** We had difficulty fitting in an 'Official Walk' for July, though Bill, David and I did enjoy a day out in East Sussex, visiting Seaford (see page 6).

Our next 'Walk' is planned for Tuesday 1<sup>st</sup> August. Proposed bus to Hampton Court, a short walk along Hurst Park towpath, ferry to Hampton, and lunch at the *Jolly Coopers* in Hampton. Bus/walk home

## BATHROOMS, WETROOMS AND SHOWERS

When I moved into my Fullerton Court flat last December, I had a bath for the first time in many years. It was not a good idea, because I had forgotten how to get out safely. When I finally managed to climb out, I decided that the shower must be the best solution. However the shower hose was too short, the tiles the wrong colour, and there remained the problem of stepping out of the bath onto the bath mat: (I am very short sighted).

And so I investigated the wet room option, which is to remove the existing bath and shower and install a walk-in shower without steps, waterproof, non-slip flooring, and grab rails and other equipment you might need. Out of 38 flats, 13 Owners now have a wet room installed, so I was able to ask advice and even inspect some of them. Fullerton Court Owners are generous and willing to help a newcomer, and I received useful recommendations and tips on how to go about what is an important undertaking.



First of all, allow at least two weeks during which you can move out to the guest suite, or to family and friends. It's a good idea to be nearby so that you can keep an eye on progress. I was surprised at how little dust was created, as the Polish team put up dust sheets and covered the carpets with protective sheeting which they cleaned every evening. I'm delighted with my new shower room, which is easy to use and very safe. Any regrets? None at all. (But an English-Polish dictionary might be handy when trying to ask about technicalities such as water pressure).

**Hélène Elston**

On Monday 17<sup>th</sup> July the Owners celebrated Jeannette Stebbings' birthday with bubbly and strawberry cake.



## DEAR OLD SUSSEX BY THE SEA

On Monday 3rd July, Bill Small, John Blackwell and David Pegler gathered up their buckets and spades and headed for the East Sussex coastal town of Seaford. This is situated midway between Brighton and Eastbourne and dominated by the massive chalk cliff of Seaford Head. It was, for several years, the home of Bill and his wife and also the home of David's paternal grandparents so it was well known to both. In June, it featured as a major news item owing to a major fall of rock from Seaford Head. It is from the top of Seaford Head that possibly the most iconic view in England can be enjoyed, namely the Seven Sisters Cliffs across the Cuckmere Valley.

On arrival, we parked alongside the Martello Tower, now the local museum, on the seafront and took a stroll along the promenade to the area below Seaford Head known as Splash Point. After taking in the sea-air and splendour of Seaford Bay, with Newhaven Harbour forming the western side, Bill took us on a tour of the town.

Back in the car, the three headed a few miles east of the Seven Sisters Country Park car-park in Friston Forest at Exceat. This is situated in the Cuckmere Valley. A thousand years ago Exceat was a major town, possibly a naval base for Alfred the Great, but in the 1300s the Black Death decimated the area and it no longer exists. The Fullerton Walkers ventured into the forest to arrive at the hidden hamlet of West Dean, comprising of a few beautiful and expensive houses, a village pond and a Norman church. It is claimed Alfred once has a palace at West Dean.

Leaving the Forest it was off to lunch at *Ye Olde Smugglers Inne* in the beautiful, old town of Alfriston, home of the church, known as the 'Cathedral of the South Downs' and the medieval



Clergy House, the first building to be saved by the National Trust.

Finally it was back to Fullerton Court, negotiating our way back through the motorway traffic.

## A LETTER FROM HM LAND REGISTRY, GLOUCESTER OFFICE

I received a letter from HM Land Registry enclosing an Official Copy of Register of Title. The Official Copy mentions a Deed that varies the terms of the lease of my apartment.

Uncertain of the implications, I enquired of HM Registry and was told it was because Ladders solicitors submitted an application on behalf of Retirement Security Limited to register a Deed of Variation dated 23 March 2017.

It is clear that the Deed of Variation is to relieve me, as Owner, from maintaining and renewing my apartment windows and placing the responsibility onto Fullerton Court Limited. All Owners have received, or are about to receive, similar letters from HM Land Registry and it is one of the planned steps towards the eventual replacement of all our softwood windows. The drawing up and registering of the Deed of Variation is the service for which we have been charged £197.37 in our July invoices.

**John Bourne**

Jack and Alfie get into full training for the start of the new football season

Photo: Lois Burke



## 'WHERE ENGLAND BEGAN'

### What do you know about early Kingston?



In Saxon times Kingston upon Thames had royal connections. In 838 King Egbert of Wessex called a church council there. Furthermore several Saxon kings were crowned in Kingston, including Edward the Elder (900), Athelstan (925), Edmund (940), Edred (946), Edwy (955) and Edward the Martyr (971). Athelstan, the grandson of Alfred the Great, joined Wessex with Mercia and Northumbria thereby becoming the first 'King of the English'. The **Coronation Stone** or King's Stone, a Sarsen block as used for Stone Henge, today stands to the right of the guildhall.

At the time of the Norman *Domesday Book* (1086) Kingston had five watermills for grinding flour. The Thames was fished for salmon and the ancient coat of arms, depicts the three salmon representing the three fisheries mentioned in the *Domesday Book*.

By the 12<sup>th</sup> century Kingston grew into a small market town and was given a charter. The Ancient Kingston Market dates back to 1170. **Clatten Bridge**, over the Hogsmill River, is a Scheduled Ancient Monument and one of the oldest bridges in Surrey, first mentioned in 1203 and its medieval name 'Clateryunbrugge' refers to horses clattering over the bridge. Kingston Bridge was first built around 1190 and until 1729 was the only bridge over the Thames between London Bridge and Slough.



Kingston benefited when Cardinal Wolsey built Hampton Court in 1520. The huge staff at the palace were a ready market for the town's goods. In 1603, a weekly cattle market was confirmed by charter and a second charter forbade other markets within 7 miles.

The market, which still retains its medieval shape, traded grain in a covered oat market, and offenders were publically punished in a pillory and stocks. By 1800, the market place inns were the first stop for stagecoaches on the London to Portsmouth road. In 1706 a Tudor town hall was rebuilt and a gilded statue of Queen Anne added.

David Pegler

## A DAY OUT TO SHERE VILLAGE

Thursday, 13<sup>th</sup> July

Ten of us travelled in the RaKAT minibus, which is equipped to take wheelchairs and walkers, to visit the charming village of Shere.



We were lucky with the weather - sunny with a light breeze, so that after a country drive we were able to enjoy our lunch in the garden of the *White Horse Inn*.



In the afternoon we were free to explore the village, with its many 'olde worlde' houses and shops, and St James' church, or sit by the river and feed the ducks. On our return journey we stopped at Newlands Corner for a while to gaze at the amazing view across the Surrey Hills. A very enjoyable outing.

Joyce

Southern; photo: John Bourne

## THE IMPOSSIBLE WATERFALL



Should you not be familiar with the lithographs of the Dutch artist **Mauritz Cornelis Escher** try allowing your eyes to follow the flow of the water starting at the top of the waterfall.